

CURRICULUM (Revised) BACHELOR OF PUBLIC HEALTH (BPH) (8 Semester)

2019

PURBANCHAL UNIVERSITY FACULTY OF MEDICAL AND ALLIED SCIENCES GOTHGAUN, NEPAL

Table of Content

S.N.	Course Code	Course Title	Page
Cou	Course Overview		
BPH	First Semes	ster	28-64
1	BPH 101.1 IPH	Introduction to Public Health	29
2	BPH 101.2 APP	Anatomy, Physiology and Patho-physiology	38
3	BPH 101.3 PHM	Public Health Microbiology	45
5	BPH 101.4 PHB	Public Health Biochemistry	50
4	BPH 101.5 APE	Applied Professional English	55
6	BPH 101.2 APP-LBP	Anatomy, Physiology and Patho-physiology - Laboratory Based Practice	59
7	BPH 101.3 PHM-LBP	Public Health Microbiology-Laboratory Based Practice	61
8	BPH 101.4 PHB-LBP	Public Health Biochemistry - Laboratory Based Practice	63
BPH	Second Sen	nester	65-108
1	BPH 102.1 PHER	Public Health Entomology and Rodentology	66
2	BPH 102.2 PHPPT	Public Health Pharmacy, Pharmacology and Toxicology	71
3	BPH 102.3 FAS	First Aid and Safety	79
5	BPH 102.4 BFN	Basic Foods and Nutrition	84
4	BPH 102.5 EEH	Ecosystem and Environmental Health	89
6	BPH 102.6 ERFCD-I	Epidemiology of Risk Factor and Communicable Diseases – I	97

7	BPH 102.1 PHER - L/FBP	Public Health Entomology and Rodentology -Lab/Field Based Practice	101
8	BPH 102.2 PHPPT- L/FBP	Public Health Pharmacy, Pharmacology and Toxicology - Lab/Field Based Practice	103
9	BPH 102.3 FAS-LBP	First Aid and Safety - Lab Based Practice	105
10	BPH 102.5 EEH - L/FBP	Ecosystem and Environmental Health - Laboratory/ Field Based Practice	107
BPH	[Third Seme	ster	109-151
1	BPH 203.1 PHCA	Public Health Core Actions	110
2	BPH 203.2 ECD-II	Epidemiology of Communicable Diseases – II	118
3	BPH 203.3 FH -I	Family Health –I	122
5	BPH 203.4 APHN	Applied Public Health Nutrition	127
4	BPH 203.5 EOH	Environmental and Occupational Health	132
6	BPH 203.6 DPSFP	Demography, Population Studies and Family Planning	138
7	BPH 203.2 ECD-II - CFBP	CD-II - II - Concurrent Field Based Practice	
8	BPH 203.3 FH-I - CFBP	Family Health –I - Concurrent Field Based Practice	146
9	BPH 203.4 APHN- CFBP	Applied Public Health Nutrition - Concurrent Field Based Practice	148
10	BPH 203.5 EOH - CFBP	Environmental and Occupational Health - Concurrent Field Based Practice	150

BPH	152-201		
1	BPH 204.1 RHG	reproductive ricular and Conder	
2	BPH 204.2 ENCDMH	Epidemiology of Non-communicable Diseases and Mental Health	160
3	BPH 204.3 FH-II	Family Health –II	167
5	BPH 204.4 PHEM	Public Health Epidemiology Methods	173
4	BPH 204.5 SASPPH	Sociology, Anthropology and Social Psychology in Public Health	179
6	BPH 204.6 RUIH	Rural, Urban and International Health	186
7	BPH 204.1 RHG -CFBP	Reproductive Health and Gender – Concurrent Field Based Practice	194
8	BPH 204.2 ENCDMH - TPP	Epidemiology of Non-communicable Diseases and Mental Health - Term Paper Preparation (TPP)	196
9	BPH 204.3 FH-II - CFBP	Family Health –II - Concurrent Field Based Practice	198
10	BPH 204.4 PHEM - CFBP	Public Health Epidemiology Method - Concurrent Field Based Practice	200
BPH	Fifth Semes	ster	202-250
1	BPH 305.1 PHSCA-I	Public Health Statistics and Computer Application -I	203
2	ВРН 305.2 СОРА	Community Organization, Participation and Action	207
3	BPH 305.3 PHIEDM	³ Public Health Infrastructure Engineering 2 and Disaster Management 2	
5	BPH 305.4 FHE	Fundamentals of Health Education 2	
4	BPH 305.5 HPSP	Health-Promoting School Program 2	
6	BPH 305.6	Fundamental of Public Health Service	235

	FPHSM Management		
7	BPH 305.1 PHSCA-I - LBP	Public Health Statistics and Computer Application –I -Lab Based Practice	242
8	BPH 305.3 PHIEDM - FBP	Public Health Infrastructure Engineering and Disaster Management - Field Based Practice	245
9	BPH 305.4 FHE -CBP	Fundamentals of Health Education – Classroom Based Practice	247
10	BPH 305.5 HPSP-FBP	Health Promoting School Program – Field Based Practice	249
BPH	Sixth Seme	ster	251-282
1	BPH 306.1 AHEPApplied Health Education and Promotion		252
2	BPH 306.2 PHMSN	2 Public Health and Medical Services in Nepal	
3	BPH 306.3 PHPPPN	Public Health Policy, Plan and Program in Nepal	267
5	BPH 306.4 CHDI	Community Health Diagnosis and Intervention	272
4	BPH 306.1 AHEP-CBP	Applied Health Education and Promotion – Classroom Based Practice	277
6	BPH 306.4 CHDI-RFBP	Community Health Diagnosis and Intervention –Residential Field Based Practice	279
BPH	Seventh Ser	nester	283-326
1	BPH 407.1 PHSCA-II		
2	BPH 407.2 PHR	Public Health Research	289
3	BPH 407.3 HPSME	Health Program Supervision Monitoring and Evaluation	297
5	BPH 407.4 HEF	Health Economics and Financing	303

4	BPH 407. 5 HMISLM	Health Management Information System and Logistic Management	311
6	BPH 407.1 PHSCA-II - LBP	Public Health Statistics and Computer Application-II – Laboratory Based Practice	318
7	BPH 407.2 PHR - PW	Public Health Research - Proposal Writing	320
8	BPH 407.6 CPHMFP - RFBP	Comprehensive Public Health Management Field Practicum – Residential Field Based Practice	322
BPH	BPH Eighth Semester		
1	BPH 408.1 ETHR	Education and Training of Human Resource	328
2	BPH 408.2 PHPE	Public Health Profession and Entrepreneurship	334
3	BPH 408.3 PHPM	Public Health Project Management	345
5	BPH 408.1 ETHR -TPC	Education and Training of Human Resource - Training Program Conduction	348
4	BPH 408.3 PHPM -PW	Public Health Project Management - Proposal Writing	350
6	BPH 408.4 PHRP	Public Health Research Practicum	352
Annexes			355-372

Purbanchal University Faculty of Medical and Allied Health Sciences Bachelor of Public Health (BPH) Program

Course Overview

1. Introduction

From the prospective of health, people can be divided into two categories: one, who are currently staying healthy and wish to stay healthy forever and lead a productive lives without being sick and diseased; another, who are currently unhealthy with sickness or diseased and who wish to get rid of sickness and disease to restore health. The task of the nation is to help people of these two categories fulfill their respective wishes. Societies create two kinds of services to cater the wishes, namely public health services to help healthy people to stay healthy, and medical care services to help unhealthy people to get rid of sickness and disease. In a country both of these services are equally There are many strategies and innovations have been important. emerged, including life style changes, biological and chemical and environmental improvement measures that help promote and protect health and prevent and control diseases. Public health system has challenges of translating into action these measures. Despite of people's wish to stay healthy due to natural and man-made factors people are getting sick or diseased several times in their life span. Therefore medical care system has challenges to meet the medical and surgical treatment of the sicknesses and diseases. Among these two fractions of challenges it is the responsibility of public health practitioners and professional to meet the first challenge i.e. helping people to stay healthy through promoting health, preventing health risk factors and diseases, protecting health, controlling epidemics and encouraging suspected people for early detection, treatment and compliance to treatment.

In current time all the countries including developing, transitional, or industrialized are facing different combinations of epidemiologic, demographic, economic and health systems challenges. Despite of huge revolution and innovations in health sector, health of the people is increasingly challenged. There is a growing need for lifestyle changes, burden of diseases including communicable, non-communicable, reemerging diseases. In addition there is growing challenges of micronutrient deficiencies and chronic diseases. Therefore, key players in health sector including policy makers need to open their eyes and invest their efforts in public health including development of *pakka* (genuine) public health professionals. Such a *pakka* public health professionals/ practitioners can effectively deal with health of healthy people and help to maintain the healthy status of the people by promoting health, preventing risk factor, disease/illness and injury, protecting health and immune system, control risk factors and epidemics -infections and in case of presence of sign and symptoms, public health professionals encourage people for early diagnosis and compliance to treatment and follow up.

Realizing the dire need of the health professionals in public health sectors Purbanchal University has long been initiating Bachelor Program of Public Health (BPH) since 2002 with the aim to prepare professional public health specialties with the highest technical and managerial competencies to work at various levels (Rural, Urban, National and International and Local, Provincial and Federal level 5 Public health programs include functions including problem identification, planning, implementation and evaluation. Public health education programs were running guided by a curriculum focused on developing skills on these functions. While the change is inevitable with advancing time Purbanchal University revised 3 years BPH curriculum into 4 years semester academic course from the year 2012, as an innovative step in producing qualified graduates in health sectors. The new four years/8 semesters curriculum of 2012 has incorporated various new subjects along with the corresponding practical subjects (Practical Skill Development - PSD) which had emphasized on student's practical skill necessary to deliver quality health services.

While viewing the currently using curriculum of 2012, some of the theoretical as well as practical subjects are need to be update and specified appropriately to fulfill the changing concept and scope of public health demands. Therefore, there is an utmost importance to prepare a revised curriculum.

2. Rationale for Curriculum Revision

The current curriculum of Bachelor of Public Health (BPH) was revised in 2012 in line with the Purbanchal University's policy of extending the duration of the program from three academic years to four years. Since then, the political system of the country has shifted from unitary to federal system, the health, morbidity, mortality and their determinants have been changed and overall the concept, roles and responsibilities of the mid-level public health workforce also have been changed. To suit these changes the current curriculum of BPH 2076 has been developed as revised curriculum. The following are the specific reasons for developing the revised curriculum:

2.1 Several courses which are required practical examples from Nepalese health and medical service systems are from pre-federal service systems. Now, with the adoption of federalism along with organizational structure, arrangement of human resources, and the type of health and medical services expected to be provided by the central to local level administration units have been changed. There are six to seven current courses which are directly affected by these structural changes. Therefore, the BPH curriculum is also need to be changed to tally with the changing system.

2.2 The concept of public health as a discipline and as a practice has been changed. The current courses do not reflect these changes. The BPH candidates need to update the changing concept during their study period so that they could apply the concept during their practice level. For this purpose the current courses need to be reviewed and changes.

2.3 There are many theoretical topics included in the current courses which are beyond the scope of the mid-level public health practitioners whereas there are several more needed and practical skills which the students are required to develop during their study. Therefore, to adjust such discrepancies also the curriculum need to be revised.

2.4 Most of the current three credit courses are accompanied by one credit of practical skill development (PSD) course. Some courses require PSD and other do not need. To adjust this situation there need for curriculum revision

2.4 The current semester wise offering of the courses is not sequential. The level of cognitive and practical skills to be developed is not in order. Therefore, to adjust the sequence of offering the courses also review and changes in the curriculum is needed.

3. Course Structure and Sequence

This BPH course has been designed for four academic years with eight semesters concentrating on 41 theory courses and 27 practical courses. Each theory courses carry 3 credits (48 teaching hours) except anatomy and physiology which consist of 4 credits (64 hours), where as practical courses carry one credit (32 hours). However 'Community Health Diagnosis and Intervention Field Practicum' carry six credits (192 hours), 'Comprehensive Public Health Management Field Practicum' carry five credits (160 hours) and 'Public Health Research Practicum' carry six credits (192 hours). In total, the revised BPH course consists of 124 credits hours for theory and 41 credits hours for practical. The sum of theory and practical is 165 credits hours. Practical courses are designed in the following four approaches:

- 1. Laboratory based practice
- 2. Field based (reality exposure) practice
- 3. Field psycho-motor practice (intervention)
- 4. Cognitive skill practice (term paper writing, research proposal writhing, project development, review articles, writing etc.)

The 41 theory- based and 27 practical-based courses are arranged sequentially by categories of courses to be offered in successive year/semester.

SN	Semester/s	Course category
1	First year: Semester 1 and 2	Basic health science courses
2	Second year: Semester 3 and	Basic public health science
	4	courses
3	Second year: Semester 4 and	Public health methodology
	Third year: semester 5	courses
4	Third year: Semester 5 and 6	Public health intervention
		courses
5	Fourth year: Semester 7 and 8	Public health management
		courses

4. Purpose of the Program

The BPH program aims to prepare professional public health practitioners with the highest technical and managerial competence to work in various level (Rural, Urban, National and International and Iocal, Provincial and Federal level3 in various aspects of public health such as public health programs including problem identification, planning, implementation and evaluation. Such practitioners can serve as a public health officer, public health specialist like public health educator, environmental health officer, public health epidemiologist, public health manager, public health officer at different settings (school/college/university, home, city/village/ community, work place, recreational setting, and sport setting), an entrepreneur in public health sector and public health researcher. Besides these, the BPH graduates can serve various job requirements of government and nongovernmental organizations in different settings.

5. Objectives of the program

The objective of bachelor of public health (BPH) program is to produce competent graduates with advanced knowledge and practical skill necessary to deliver high quality health services needed for the country. Specifically, the program entails the following objectives;

- Impart the knowledge and skills in applied public health sciences, laboratory works on applied health actions.
- Develop required skill in designing, analyzing and evaluating applied public health science research and program management.
- Equip public health specialists with communication and group organization skill for promoting community participation in health and development activities ultimately leading to the individual and community self-reliance in health service and improvement in health status of people.
- Enable public health professionals to deal with existing realities in public health management issues, concern and problems.
- Foster positive attitudes in health professionals and encourage them to provide more accessible and equitable primary health care services for disadvantaged groups and communities.
- Enhance vocational competence of public health professionals through advanced education in health strategies health promotion and health programming.

- Enhance the knowledge and practical skills in dealing with human resource development and existing issues in public health management.
- Develop the research and scientific writing skills through the introduction of research methods term paper and thesis.

6. Expected competencies of the Public Health Graduates

At the end of completing the BPH course the following competencies are expected:

- Determine existing community health problems by use of epidemiological investigation and prioritize the problems and develop community health interventions.
- Develop and implement public health intervention for promoting health; preventing health risk factor, injuries and diseases; protecting health through immune system; controlling spread of health risk factors and diseases; and encouraging early detection, treatment and compliance to treatment (P3CE).
- Apply problem-solving and community participation approach in planning, managing and evaluating programs designed to deal with priority public health problems in appropriate ways to achieve optimum impact from public health programs.
- Perform supervision, monitoring and evaluation of public health interventions.
- Assess the risk factors of communicable and non-communicable disease or health problems and able to make risk factor prevention strategies and interventions
- Analyze health education need, do health education program plan and implement with appropriate monitoring system in different setting such as family, community, school, work place, factories, health institutions etc.
- Design and execute public health research activities such as developing tools, collecting data, analyzing the information and write the scientific report.
- Assess the possible areas for entrepreneurship, develop entrepreneurship project and initiate the implementation of it.
- Identify human resources training need, plan and execute HR training in different issue of public health.

7. Career Opportunity

There is growing concern for improvement of health status of the people from all stakeholders within Nepal or in the foreign countries. Provision of equitable access and universal coverage of basic health services for attainment of an optimum level of health and better quality of life of the people by creating more equitable distribution of resources is the dominant concern of Nepal today. In many parts of the world health professionals are investing themselves in introducing public health interventions that can help improve and level up the health status. However, Nepal is facing three fold problems: burdens of diseases, life style, and poverty. In order to cope with this complex situation, development of public health graduates has become inescapable. In general, a Bachelor in Public Health (BPH) graduates can choose following areas to build their career:

- University (Education/Research)
- College/Academic Institutions
- Health Organizations (Public/NGO/INGO/Private)
- Health Related Consultancy Agencies
- Research Organizations/ Institutions
- Hospital (Research Unit)
- Self-entrepreneurship etc.

8. Entry Requirement for New Students

The entry requirement for a new student in BPH will be Intermediate in Science (I. Sc.) or Higher Secondary Level (10+2 Science streams in biology stream) or Certificate in Health Sciences (PCL General Medicine, PCL Lab T echnology, PCL in Dental Hygiene, PCL in Radiography etc.) as recognized by Purbanchal University with at least 50% marks or equivalent grade score. Besides the basic academic requirement, an entrance examination will be held for all applicants.

9. Duration of Study

Duration for the completion of all the requirements for the BPH program as a full-time student is 4 Years (8 Semesters) and maximum duration for the completion of all the requirements for the BPH program are as follows:

- Normal Duration: 4 Years (8 Semesters)
- Maximum Duration: 8 Years

10. Academic Schedule

An academic year of the University consists of two semesters of 16 weeks (96 teaching days) of each. The fall semester generally starts in September (September-February) and the spring semester generally starts in March (March-August). In BPH level, fresh admissions are made at the beginning of the fall semester.

11. Admission Policies

- Intake of students should be annual
- The maximum number for intake of students is according to University rules
- The selection of the student should be in merit basis

12. Admission procedure

- A notice inviting application for admission will be publicly announced by Purbanchal University.
- The application forms are available in respective colleges, after the payment of the prescribed University fee.
- The eligible candidates are publically informed to take the entrance examination and entrance examination is conducted directly by Purbanchal University.
- The candidates shall be admitted on merit basis only according to their performance in the entrance examination. The college may also interview the candidates for final selection for admission.

13. Course Registration

Student must be registered in University in first semester. University will provide the individual registration number at the beginning of first semester.

15. Teacher Student Ratio

To carry out the teaching and learning activities of this curriculum the teacher student ratio should meet the minimum criteria set by University.

16. Teaching and Learning Setting

The teaching and learning setting in college should follow and meet the minimum requirement for the recognition of Bachelor in Public Health endorsed by University. There must be required teaching and learning equipment, articles laboratories and space to facilitate student's learning.

17. Teaching and Learning Methods

A number of effective and participatory teaching and learning methods will be employed to facilitate innovative learning [acquisition of knowledge, skills and attitude]. The choice of the methods largely depends on the nature of the subject matter and the situation nevertheless the following methods will be emphasized and adopted.

- Lectures using multimedia and white boards
- Learning process through Groups discussion, interaction, brain storming, observation
- Writing assignment
- Field study, analysis and group presentation
- Conduction of seminar
- Student participatory based teaching
- Laboratory and field based learning

19. Medium for Teaching and Examination

The medium of instruction and examination of BPH Program is English language.

20. Attendance Requirements

A student must attend every scheduled lecture, tutorial, field visit, practical classes and any curricular activities. However, to accommodate for late registration, sickness and other contingencies, the attendance requirements will be a minimum of 80% of the classes actually held.

21. Evaluation

There will be final written (theory) and practical examination at the end of each consecutive semester. The theoretical written examination (Externally by the Office of the Controller of Examinations of Purbanchal University through semester-end examinations) will carry 80% marks and respective college/institutions manage internal written examination of 20% marks of each subject. To pass the university examination, each student must acquire 50% marks in theory examination and 60% for practical examination. The practical (Laboratory based, Viva and oral defense) examination will be held in each practical subject. A student is required to pass the internal and external examinations independently.

- A. Evaluation criteria for final (university) and internal theory examination
- 1. Internal assessment equivalent to 20 %
- 2. Final University examination equivalent to 80 %

Evaluation tool structure for theory (questions structure)

- 1. Group A Multiple Choice Questions (MCQs) 1x20 = 20 marks
- 2. Group B Problem Based Question (PBQ) 1x15 = 15 marks: Problem based question is to be prepared with a problem situation related to subject matter and instruct the student to answer three or five sub-questions based on the given problem.

3. Group C - Long Answer Questions (Any two) 10x2 = 20 marks: Three questions are given and instruct to attempt any two.

4. Group D - Short Answer Questions (Any five) 5x5 = 25 marks: Six questions are given and instruct to attempt any five.

B. Evaluation criteria for final (university) practical examination

For practical evaluation criteria has been mentioned in each subject separately. The evaluation sheets, procedures/tools need to be developed appropriately for practical examination. For final practical examination, University nominate the external examiners and the external examiners visit concerned college/institutions for evaluation.

Note: Practical examination marks distribution for some particular

practical are distributed as the following criteria (out of 100%):

1. For "Community Health Diagnosis and Intervention" (6thSemester) subject the following evaluation criteria are prescribed.

SN	Description	Weight age
1.	Student's attendance/discipline/team work	10%
2.	Pre field work (tools development and pretesting)	5%
3.	Data collected forms (hard copy) and entry file (soft copy)	5%
4.	Data analysis and first draft report preparation	10%
5.	Findings sharing (Community presentation) to community people	5%
6.	Comprehensive public health intervention planning, implementation and evaluation	10%
7.	Final Community Health Diagnosis presentation among major stakeholders (Rural/Municipality)	5%
8.	Presentation by students at college and individual oral defense – viva (external examiner)	30%
9.	Community health diagnosis field report and log 20 % book (external and internal examiner)	
	Total	100%

2. For "Comprehensive Public Health Management Field Practicum (7th Semester) subject the following criteria are prescribed.

SN	Description	Weight age
1.	Student's attendance and team work, preparation of action plan	5%
2.	Public health and medical services system analysis using IPO Model	5%
3.	Trend analysis using three year data from HMIS	5%
4.	Epidemiological study of any one non/communicable disease	5%

5.	Critical appraisal of public health program (any one) using SWOT	5%
6.	Implanting MAP	10%
7	Prioritization and development of five year plan using LFA	10%
8.	Presentation among major stakeholders at field setting	5%
9.	College presentation, individual oral defense (external examiner)	30%
10.	Health service management profile report (external examiner)	20%
	Total	100%

3. For "Public Health Research Practicum" (8th Semester) subject the following criteria are prescribed.

SN	Description	Weight age
1	Review and final submission of research	5%
	proposal	
2	Data collected forms (hard copy) and entry file	10%
	(software copy)	
3	Data analysis and first draft report submission	10%
4	Findings presentation at department (internal pre-	15%
	defense)	
5	Oral defense examination (external)	30%
6	Final research report submission - at least three	30%
	hard copy along with soft copy (evaluation by	
	external and internal)	
	Total	100%

22. Grading System

The letter grade awarded to a student in a subject is based on his/her consolidated performance in internal and final examinations. The letter grade in any particular subject is an indication of a student's relative performance in that course. The pattern of grading is as follows:

LETTER GRADING SYSTEM				
EQUIVALENT	LETTER	GRADE	REMARKS	
MARKS %	GRADES	VALUE		
90 and Above	A+	4.00		
80 and Below 90	A	3.75		
70 and Below 80	B+	3.50		
60 and Below 70	В	3.00		
50 and Below 60	С	2.50		
40 and Below 50	D	1.75		
Below 40	F	0.00	Fail	
Not Qualified	Ι	-	Incomplete	
(NQ)/Absent				

CGPA (Cumulative Grade Point Average) at the end of the degree defines the division which will be one of the followings. The CGPA of student must remain 2.00 or above throughout the duration of studies

CGPA Definition	Division
3.75- to 4.00	First with Excellence
3.50-Below 3.75	First with Distinction
3.00-Below 3.50	First Division
2.50-Below 3.00	Second Division
2.00-Below 2.50	Pass Division

23. Unsatisfactory Results

Students may apply for re-totalling of their grades as per University rules.

24. Degree Requirements

For awarding the degree of Bachelor of Public Health (BPH), the student should have achieved CGPA at least 2.0 or more.

Purbanchal University Faculty of Medical and Allied Sciences Bachelor of Public Health Program Four Year Course Sequence

FIRST YEAR, FIRST SEMESTER: Basic Health Sciences for Public Health Strands

		r			
	Md	50	50	50	50
	FM	100	100	100	100
hing ur	Pr.	ı	I	I	1
Teaching Hour	Th.	48	64	48	48
Credit Hour	Pr				
Credit Hour	Th.	3	4	3	3
Nature of Subject		1		ı	ı
		Theory	Theory	Theory	Theory
Course Title		BPH 101.1 IPH Introduction to Public Health	Anatomy, Physiology and Pathophysiology	Public Health Microbiology	Public Health Biochemistry
Course Code		BPH 101.1 IPH	BPH 101.2 APP	BPH 101.3 PHM	BPH 101.4 PHB
s.	ż	-	7	ς,	4

50	30	30	30	340
100	50	50	50	16 3 256 96 650
	32	32	32	96
48	ı	I		256
	1	-	1	б
c,	T	I	I	16
I	Practical	Practical	Practical	
Theory	I	ı	ı	
5 BPH 101.5 APE Applied Professional English Theory	Anatomy, Physiology and Pathophysiology - Laboratory Based Practice	Public Health Microbiology - Laboratory Based Practice	Public Health Biochemistry - Laboratory Based Practice	Total
BPH 101.5 APE	ВРН 101.2 АРР- LBP	BPH 101.3 PHM-LBP	BPH 101.4 PHB-LBP	
5	9	7	∞	

ds
tran
$\mathbf{\tilde{v}}$
saou
Scie
lth 5
Heal
sic F
Bag
R:
TE
ES
EM
S
N
2
SE
LR,
(EA
2
FIRST YEAR, SECOND SEMESTER: B
Ţ

			1	1	r		1
	ΡM	50	50	50	50	50	50
FM		100	100	100	100	100	100
hing ur	Pr.	I	I	ı		1	ı
Teaching Hour	Th.	48	48	48	48	48	48
Credit Hour	Pr.	1	I		1	ı	I
Credit Hour	Th ·	3	3	3	3	3	ŝ
Subject		•					
Nature of	Nature of Subject		Theory	Theory	Theory	Theory	Theory
Course Title		Public Health Entomology and Rodentology	Public Health Pharmacy, Pharmacology and Toxicology	First Aid and Safety	Basic Foods and Nutrition	Ecosystem and Environmental Health	Epidemiology of Risk Factor and Communicable Diseases – I
Course Code		BPH 102.1 PHER	BPH 102.2 PHPPT	BPH 102.3 FAS	BPH 102.4 BFN	BPH 102.5 EEH	BPH 102.6 ERFCD-1
Ś	ż	-	2	3	4	5	9

30	30	30	30	420
50	50	50	50	800
32	32	32	32	128
I	-	1	I	288
1	1	1	1	4
				18
Practic al	Practic al	Practic al	Practic al	
I	I	1	I	
Public Health Entomology and Rodentology -Lab/Field Based Practice	Public Health Pharmacy, Pharmacology and Toxicology - Lab/Field Based Practice	First Aid and Safety - Lab Based Practice	Ecosystem and Environmental Health - Laboratory/ Field Based Practice	Total
BPH 102.1 PHER -L/FBP	BPH 102.2 PHPPT-L/FBP	BPH 102.3 FAS- LBP	BPH 102.5 EEH - L/FBP	
7	8	6	10	

b n	ŝ
fra	3
Ù. U	2
a Ju	
riel	5
ری ب	2
altl	
r Heg	
نا	
d II	2
H ت	
290	2
a ×	;
MESTER	1
Į,	2
FMF	
HRD SF	
Ē	
THIR	
E	1
R	
TF.A	1
Z	
Ľ	
SECOND VEAR THI	2

	ΡM	50	50	50	50	50	50	30
	FM	100	100	100	100	100	100	50
Teaching	Pr.	I	I	1	I	I	I	32
Teachir Hour	Th.	48	48	48	48	48	48	1
Credit	Pr.	•	ı	1	ı	ı	ı	
L C	Th.	ю	ŝ	n	с,	с	n	
1	I Subject	1	1	1				Practical
Motor	Nature of Subject	Theory	Theory	Theory	Theory	Theory	Theory	
-H:TC	Course 1111e	Public Health Core Actions	Epidemiology of Communicable Diseases –	ll Family Health –I	Applied Public Health Nutrition	Environmental and Occupational Health	Demography, Population Studies and Family Planning	Epidemiology of Communicable Diseases – II - Concurrent Field Based Practice
	Course Code	BPH 203.1 PHCA	BPH 203.2 ECD- 11	BPH 203.3 FH -I	BPH 203.4 APHN	BPH 203.5 EOH	BPH 203.6 DPSFP	BPH 203.2 ECD- II - CFBP
Ś	ż	1	7	3	4	5	6	L

	BPH 203.3 FH-I -	BPH 203.3 FH-I - Family Health -I -		Practical		1		32	50	30
∞	CFBP	Concurrent Field Based								
		Practice								
	BPH 203.4	Applied Public Health	I	Practical		1		32	50	30
6	APHN-CFBP	Nutrition - Concurrent								
		Field Based Practice								
	BPH 203.5 EOH -	BPH 203.5 EOH - Environmental and	I	Practical		1		32	50	30
10	CFBP	Occupational Health -								
DT		Concurrent Field Based								
		Practice								
	Total				18	4	288	18 4 288 128	800	420
						1	1			

SECOND YEAR, FOURTH SEMESTER: Public Health Sciences Strand + Public Health Methodology Strands

		50					
PM	PN		50	50	50	50	50
FM		100	100	100	100	100	100
hing ur	Pr.	I	I	ı	I	I	ı
Teaching Hour	Th.	48	48	48	48	48	48
dit ur	Pr.	I	I	I	I	I	I
Credit Hour	Th.	3	3	Э	3	3	3
e of ect		Ţ	I	I	Ţ	I	
Natur Subj	Nature of Subject		Theory	Theory	Theory	Theory	Theory
Course Title		Reproductive Health and Gender	Epidemiology of Non- communicable Diseases and Mental Health	Family Health –II	Public Health Epidemiology Methods	Sociology, Anthropology and Social Psychology in Public Health	BPH 204.6 Rural, Urban and International RUIH Health
Course Code		BPH 204.1 RHG	BPH 204.2 ENCDMH	BPH 204.3 FH-II	BPH 204.4 PHEM	BPH 204.5 SASPPH	BPH 204.6 RUIH
s z	-	1	2	3	4	5	6

$ \begin{array}{ c c c c c c c c c c } \hline $\ $\ $\ $\ $\ $\ $\ $\ $\ $\ $\ $\ $\ $$
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $
BPH 204.1Reproductive Health and RHG - CFBP-Pract ical-1-RHG - CFBPGender - Concurrent Field Based Practice-Pract ical-1-BPH 204.2Epidemiology of Non- ENCDMH communicable Diseases and Mental Health - Term Paper Preparation (TPP)-Pract ical-1-BPH 204.3Emily Health -II - Freparation (TPP)-Pract ical-1-BPH 204.3Family Health -II - Concurrent Field Based-Pract ical-1-BPH 204.4Public Health Epidemiology PHEMPract ical-1-BPH 204.4Public Health Epidemiology Practice-Pract ical-1-BPH 204.4Public Health Epidemiology Practice-Pract ical-1-BPH 204.4Public Health Epidemiology Practice-Pract ical-1-BPH 204.4Public Health Epidemiology PracticePract ical-1-BPH 204.4Public Health Epidemiology CFBPPract ical-1-PracticePractice1-CFBPBased Practice-1-1CFBPPractice1-1-CFBPBased Practice-1-1-
BPH 204.1Reproductive Health and RHGPract-1RHG -Gender - Concurrent Field-Pract-1CFBPBased Practice-Pract-1BPH 204.2Epidemiology of Non- ENCDMH-Pract-1BPH 204.3Epidemiology of Non- Communicable Diseases and Mental Health - Term Paper-Pract-1Preparation (TPP)Pract-1BPH 204.3Family Health -II - Preparation (TPP)Pract-1BPH 204.3Family Health Health -II - Preparation (TPP)Pract-1BPH 204.3Family Health Health Eidel BasedPract-1BPH 204.4Public Health EpidemiologyPract-1CFBPPractice11PHEM -Method - Concurrent Field11CFBPBased Practice184Total184
BPH 204.1Reproductive Health and RHG - Gender - Concurrent Field-Pract icalRHG - Gender - Concurrent Field-PracticalCFBPBased Practice-PracticalBPH 204.2Epidemiology of Non- communicable Diseases and Mental Health - Term Paper-Pract- TPPMental Health - Term Paper Preparation (TPP)-PractBPH 204.3Family Health -II - Concurrent Field Based-PractBPH 204.3Family Health -II - Concurrent Field Based-PractBPH 204.3Family Health -II - Dreparation (TPP)-PractBPH 204.3Family Health -II - Concurrent Field Based-PractBPH 204.3Family Health Field Based-PractBPH 204.3Public Health Epidemiology-PractCFBPPracticePractCFBPPublic Health Epidemiology-PractDHEM -Method - Concurrent Field-PractCFBPBased Practice-PractDHEM -Method - Concurrent Field-PractDtalPract-TotalPractTotalPIEMPIEMPIEMPIEMPIEM<
BPH 204.1Reproductive Health and RHG - Gender - Concurrent Field-Pract icalRHG - Gender - Concurrent Field-PracticalCFBPBased Practice-PracticalBPH 204.2Epidemiology of Non- communicable Diseases and Mental Health - Term Paper-PractPreparation (TPP)PracticalBPH 204.3Family Health -II - Concurrent Field BasedPractBPH 204.3Family Health Field BasedPractBPH 204.4Public Health EpidemiologyPractBPH 204.4Public Health EpidemiologyPractCFBPBracticePract-DHEM -Method - Concurrent FieldPractCFBPBased PracticePractDHEM -Method - Concurrent FieldPractDHEM -Fased PracticePractDHEM -Pased PracticeDHEM -Pased PracticeDHEM -Pased PracticeDHEM -Pased Practice <tr tr=""><tr tr="">DHE</tr></tr>
BPH 204.1Reproductive Health and RHG - Gender - Concurrent Field Based Practice-RHG - Gender - Concurrent Field BPH 204.2Epidemiology of Non- Endmunicable Diseases and Mental Health - Term Paper Preparation (TPP)-BPH 204.3Family Health - Term Paper Preparation (TPP)-BPH 204.3Family Health - H-BPH 204.3Family Health - H-BPH 204.3Family Health - H-BPH 204.3Family Health - H-FH-II - CFBPConcurrent Field Based Practice-BPH 204.4Public Health Epidemiology PhEMBPH 204.4Public Health Epidemiology Phased Practice-TotalTotal-
BPH 204.1 RHG - CFBP BPH 204.2 ENCDMH - TPP BPH 204.3 FH-II - CFBP BPH 204.4 PHEM - CFBP CFBP CFBP
BPH 204.1 RHG - CFBP BPH 204.2 ENCDMH - TPP BPH 204.3 FH-II - CFBP BPH 204.4 PHEM - CFBP CFBP CFBP
7 8 9 8 1

s	
pu	
(a)	
SE	
Ē	
io Lio	
- Tu	
- A	
E	
In	
σ	
an	
Js	
ğ	
eth	
Ž	
q	
alt	
He	
C F	
Ĩ	
Ē	
R	
STE	
Ň	
EME	
EMI	
S	
IFTH	
F	
FIFTH	
AR	
YE.	
-	
THIRD	
Ħ	
TH	
•	

И		0	0	0	0	0	0	Ī
ΡM		50	50	50	50	50	50	
FM		100	100	100	100	100	100	
Teaching Hour	Pr.		ı	ı		•	•	
Teachin Hour	Th.	48	48	48	48	48	48	
Credit Hour	Pr.	I	I	I	I	I	I	
Cre	Th.	ю	3	3	б	б	ю	
e of ect			ı			•		
Nature of Subject		Theory	Theory	Theory	Theory	Theory	Theory	22
Course Title		Public Health Statistics and Computer Application -I	Community Organization, Participation and Action	Public Health Infrastructure Engineering and Disaster Management	Fundamentals of Health Education	Health-Promoting School Program	Fundamental of Public Health Service Management	
Course Code		BPH 305.1 PHSCA-I	BPH 305.2 COPA	BPH 305.3 PHIEDM	BPH 305.4 FHE	BPH 305.5 HPSP	BPH 305.6 FPHSM	
s z			2	3	4	5	6	

Ľ	BPH 305.1 PHSCA-1 - LBP	BPH 305.1Public Health Statistics andPHSCA-I -Computer Application -I -LabLBPBased Practice	ı	Pract ical	1	-	1	32	50	30
×	BPH 305.3 PHIEDM - FBP	Public Health Infrastructure Engineering and Disaster Management - Field Based Practice	1	Pract ical	1	-1	I	32	50	30
6	BPH 305.4 FHE -CBP	BPH 305.4Fundamentals of HealthFHE -CBPEducation - Classroom BasedPractice	I	Pract ical	I	-	I	32	50	30
10		BPH 305.5Health Promoting SchoolHPSP-FBPProgram – Field BasedPractice	I	Pract ical	I	-	I	32	50	30
	Total				18	4	288	288 128	800	420

Course TitleNature of SubjectApplied Health EducationTheoryApplied Health EducationTheoryPublic Health and MedicalTheoryPublic Health and MedicalTheoryPublic Health and MedicalTheoryPublic Health and MedicalTheoryPublic Health Policy, PlanTheoryPublic Health Policy, PlanTheoryPublic Health Policy, PlanTheoryPublic Health Policy, PlanTheoryPublic Health Policy, PlanTheoryBud Program in NepalTheoryOf Based Proce-Applied Health Education-Applied Health Education-Based Practice-Based Practice-Community Health-Diagnosis and Intervention-Based Practice-Diagnosis and Intervention-	CreditTeachingHourHourFM		3 - 48 - 100 50	3 - 48 - 100 50	3 - 48 - 100 50	3 - 48 - 100 50	- 1 - 32 50 30	- 6 - 192 100 60
Course TitleNature ofApplied Health EducationApplied Health EducationAutheoryApplied Health EducationPublic Health and MedicalTheoryServices in NepalTheoryPublic Health Policy, PlanTheoryPublic Health Policy, PlanTheoryPublic Health BalthTheoryPublic Health BalthTheoryBased Program in NepalTheoryCommunity HealthTheoryDiagnosis and Intervention-Based Practice-Community Health-Diagnosis and Intervention-Based Practice-Community Health-Diagnosis and Intervention-Based Practice-Community Health-Diagnosis and Intervention-Based Practice-Community Health-Diagnosis and Intervention-		Th	3	3	3	3	- -	al -
Course Title Applied Health Education and Promotion Public Health and Medical Services in Nepal Public Health Policy, Plan and Program in Nepal Community Health Diagnosis and Intervention and Promotion – Classroom Based Practice Community Health Diagnosis and Intervention Based Practice Community Health	f Subjec		I	ı	ı	ı	Practic	Practic
	Nature o		Theory	Theory	Theory	Theory	I	I
	Course Title		Applied Health Education and Promotion	Public Health and Medical Services in Nepal	Public Health Policy, Plan and Program in Nepal	Community Health Diagnosis and Intervention	Applied Health Education and Promotion – Classroom Based Practice	BPH 306.4Community HealthCHDI-Diagnosis and InterventionRFBP-Residential Field Based
	v. z	•	1	2	3	4	5	9

JS
anc
Str
ent
em
nag
man
ice
erv
h S
ealt
сH
ibli
: Pı
ER
H SEMESTER
ME
5
ΤH
ΕŊ
, SEVENTH
S
IAR
URTH YEAR,
ΗT
UR
FO

Ś	Course	Course Title	Nature (Nature of Subject	Cre	Credit	Teac	Teaching		
Z	Code		,		Ho	Hour	Hour	ur	FM	ΡM
Ż					Th.	Pr.	Th.	Pr.		
-	BPH 407.1	Public Health Statistics and Computer	Theory	I	3	1	48	ı	100	50
-	PHSCA-II	Application-II								
ć	BPH 407.2	Public Health Research	Theory	I	3	-	48	-	100	50
1	PHR									
۲	BPH 407.3	Health Program Supervision	Theory	I	3	-	48	-	100	50
r	HPSME	Monitoring and Evaluation								
Τ	BPH 407.4	Health Economics and Financing	Theory	I	3	-	48	-	100	50
F	HEF									
Ŷ	BPH 407.5	Health Management Information	Theory	I	3	-	48	-	100	50
<i>د</i>	HMISLM	System and Logistic Management								
	BPH 407.1	Public Health Statistics and Computer	ı	Practical	I	1	I	32	50	30
9	PHSCA-II -	Application-II – Laboratory Based								
	LBP	Practice								
٢	BPH 407.2	Public Health Research - Proposal	ı	Practical	I	1	I	32	50	30
:	PHR - PW	Writing								
×	BPH 407.6	Comprehensive Public Health	ı	Practical	I	5	I	160	100	09
)	CPHMFP -	Management Field Practicum –								
	RFBP	Residential Field Based Practice								
	Total				15	L	240	224	700	370

,	ds
	tran
7	5
•	racticum
, ,	q
	lealt
•	<u>ب</u> د
	fldu'
,	:
	Ě
	NEV
į	V E
	HIH
	EIG
	LAR.
	KIH
	J OJ

s z	Course Code	Course Title	Nature o	Nature of Subject	Credit Hour	Hour	Teachin Hour	Teaching Hour	FM	PM
2					Th.	Pr.	Th.	Pr.		
1	BPH 408.1 ETHR	Education and Training of Human Resource	Theory	I	ю	1	48	I	100	50
7	ВРН 408.2 РНРЕ	Public Health Profession and Entrepreneurship	Theory	I	ю	1	48	I	100	50
3	ВРН 408.3 РНРМ	Public Health Project Management	Theory	I	3	I	48	Ι	100	50
4	BPH 408.1 ETHR -TPC	Education and Training of Human Resource - Training Program Conduction	I	Practical	ļ	1		32	50	30
5	BPH 408.3 PHPM -PW	Public Health Project Management - Proposal Writing	I	Practical	ļ	1	1	32	50	30
9	BPH 408.4 PHRP	Public Health Research Practicum	I	Practical	I	9	I	192	100	09
	Total				6	8	144	256	500	270

Year	Semester	Theory		Practical		Total credit	Total teaching
		Credit	Hours	Credit	Hours		hours
First	First	16	256	ю	96	18	352
	Second	18	288	4	128	22	416
Second	Third	18	288	4	128	22	416
	Fourth	18	288	4	128	22	416
Third	Fifth	18	288	4	128	22	416
	Sixth	12	192	L	224	19	416
Fourth	Seventh	15	240	L	224	22	464
	Eight	6	144	8	256	17	400
41 Courses	Total	124	1984	41	1312	165	3296

Distribution of Credit and Teaching Hours by Semester